## Claims:

- 1. A method for tenderizing meat, said method comprising contacting meat with a tenderizing-effective amount of a protease having limited substrate specificity, wherein said limited substrate specificity is the digestion of only one of the two major protein components of meat; and wherein said protease has been treated to render said protease more thermolabile.
- 2. The method as defined in claim 1, wherein said protease is derived from a mammal.
- 3. The method as defined in claim 2, wherein said mammal is bovine.
- 4. The method as defined in claim 1, wherein said protease is chymosin.
- 5. The method as defined in claim 1, wherein said protease is obtained from a recombinant host cell transformed with a nucleic acid encoding said protease.
- 6. The method as defined in claim 1, wherein said meat after tenderization exhibits a relative shear force of between about 50% and about 90% of said meat prior to tenderization.
- 7. The method as defined in claim 1, wherein said meat after tenderization exhibits a relative shear force of between about 60% and about 80% of said meat prior to tenderization.
- 8. The method as defined in claim 1, wherein said contacting comprises injection or marination.
- 9. The method as defined in claim 1, further comprising tumbling said meat.
- 10. The method as defined in claim 1, wherein said meat is contacted with said protease at a ratio of between about 0.001 and about 0.05 AU/g meat.

- 11. The method as defined in claim 1, wherein said meat is selected from the group consisting of fresh meat, frozen meat, freeze-dried meat and restructured meat.
- 12. The method as defined in claim 1, wherein said treatment to render said protease more thermolabile comprises a chemical treatment.
- 13. The method as defined in claim 12, wherein said chemical treatment comprises treating the protease with an oxidizing agent containing active chlorine.
- 14. The method as defined in claim 12, wherein said chemical treatment comprises treating the protease with an aliphatic peroxy acid.
- 15. The method as defined in claim 12, wherein said chemical treatment comprises treating the protease with an inorganic peroxy acid.
- 16. The method as defined in claim 1, wherein the protease digest a myofibrillar protein.
- 17. The method as defined in claim 1, wherein the protease is derived from *Rhizomucor*.
- 18. The method as defined in claim 1, wherein the protease is derived from *Rhizomucor miehe*i.
- 19. A tenderizing meat composition comprising a tenderizing-effective amount of (i) a thermolabile protease having limited substrate specificity, wherein said limited substrate specificity is the digestion of only one of the two major protein components of meat; and wherein said protease has been treated to render said protease more thermolabile;
- (ii) one more ingredients selected from the group consisting of brine, curing agents, and flavoring agents.

The composition of claim 19, wherein the protease digest a myofibrillar protein.

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